



3D Mammography

3D mammography is used for routine screening mammograms and is particularly effective for women with dense breast tissue, which has fewer false-positive and false-negative readings.

What to expect during your exam

The Procedure

During mammography, a specially qualified radiologic technologist will position your breast in the mammography unit. You must hold very still and may be asked to keep from breathing for a few seconds while the x-ray picture is taken to reduce the possibility of a blurred image. The technologist will then activate the x-ray machine. The examination process should take about 30 minutes.

Positioning

Your breast will be placed on a special platform and compressed with a clear plastic paddle. The technologist will gradually compress your breast. You will be asked to change positions between images.

Benefits

Reduces the risk of death due to breast cancer. Useful for detecting all types of breast cancer, including invasive ductal and invasive lobular cancer. Improves a physician's ability to detect small tumors.

3D Mammography is commonly used to detect...

- Breast cancer

What to bring with you

- Photo ID
- Health insurance card(s)
- Payment for out-of-pocket expenses
- Identification card(s) if you have an implanted device
- Prior relevant images and reports

REGISTRATION REQUIRED BEFORE EXAM



You will receive an email or text message up to 5 days before your appointment to register online.



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How to prepare for your exam

Your specific exam prep will be provided at the time of scheduling and also sent to your email address on file.

Eating

Depending on the type of exam, you will be instructed on what you may eat or drink beforehand.

Clothing

No jewelry. Comfortable, loose-fitting clothing. You may be asked to change into a gown. Don't wear deodorant, talcum powder or lotion under your arms or on your breasts.

Metal Objects to Avoid

Purse, wallet, money clip, credit cards, cards with magnetic strips, electronic devices such as beepers or cell phones, hearing aids, metal jewelry, watches, pens, paper clips, keys, coins, hair barrettes, hairpins, any article of clothing that has a metal zipper, buttons, snaps, hooks, underwires, metal threads, shoes, belt buckles or safety pins.

Medical

No medical restrictions.

Important things to mention to your DCA Technologist

Before your procedure, you may be asked to fill out a screening form asking about anything that might create a health risk or interfere with imaging. You may also undergo an interview to review your medical conditions.



In General

- Prior surgeries
- Hormone use
- Family history
- Symptoms

Limitations

- Recent illness
- Allergies
- Mobility
- Weight
- Cognitive functions
- Any other disabilities

Women

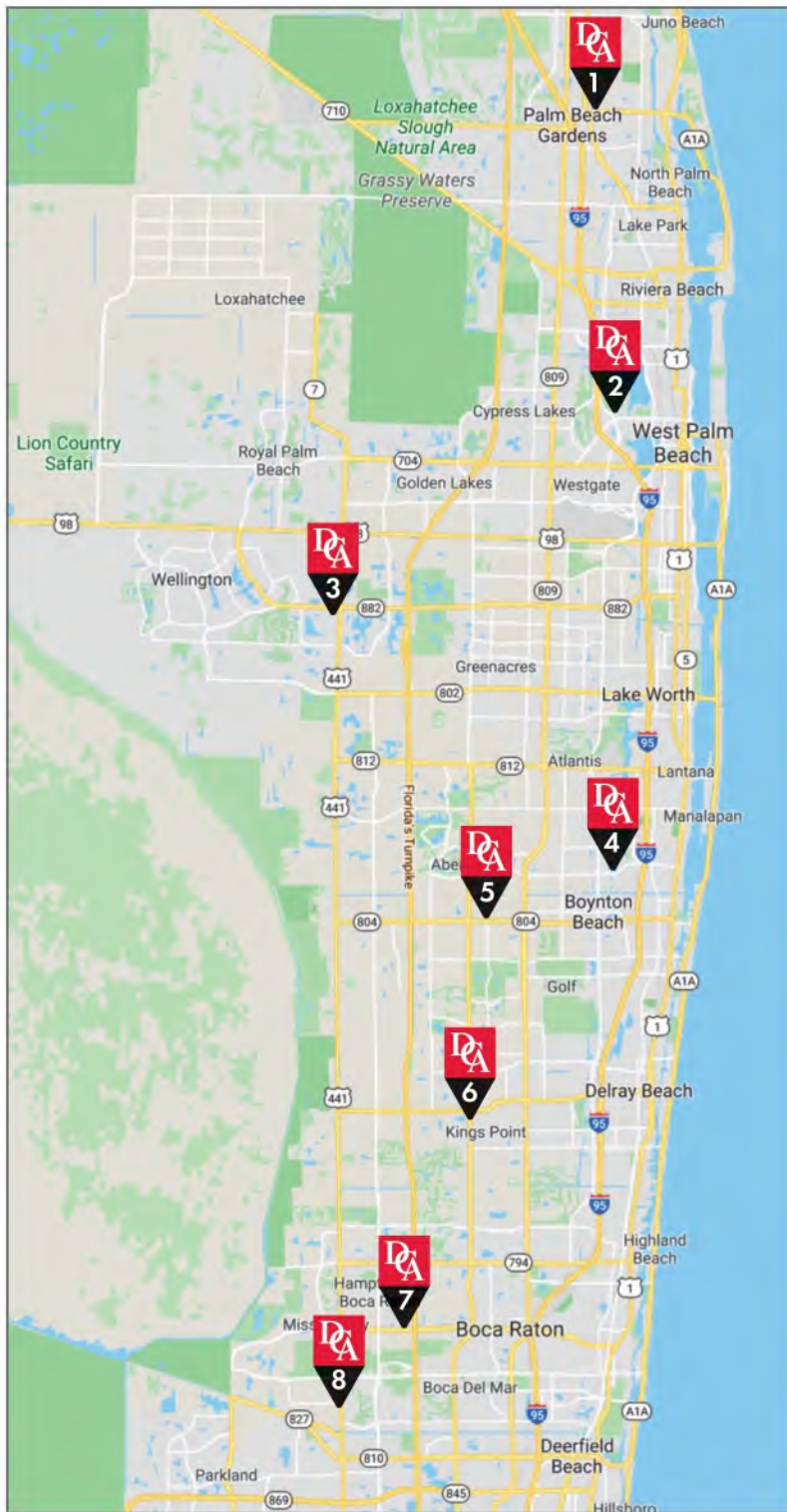
- Possibility of pregnancy
- Currently breastfeeding (pump one hour prior to exam)

Your report will be available 48 hours after our radiologist interprets your exam.

Please follow up with your physician to discuss your report.



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1425 Gateway Blvd., Suite 100
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West Boynton Beach

6080 Boynton Beach Blvd., Suite 140
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